



# **DON'T PASS IT ON.**

You can keep your child safe and healthy by not using marijuana while you are pregnant or breastfeeding.

#### **WHEN YOU'RE PREGNANT:**

It may harm your baby if you use marijuana in any form and at any time during your pregnancy. This includes smoking, eating and vaping marijuana.

There is no known safe amount of marijuana use during pregnancy.

#### **IF YOU'RE BREASTFEEDING:**

The THC in marijuana can get into breast milk and may harm your baby.

THC is another name for Tetrahydrocannabinol (THC), the chemical in marijuana that makes you feel high.

#### **TALK TO YOUR DOCTOR:**

If you're pregnant or thinking about becoming pregnant, or if you're breastfeeding, and you need help to stop using marijuana.

If you're using marijuana as a medicine and want to talk about choices that do not risk harming your baby.

**If your child eats or drinks marijuana products,  
call the Poison Center Hotline as soon as possible: 1-800-222-1222.**

